



JANUARY 2024

4-H Family News

Livingston County



Spots Still Available for the 4-H Entomology Workshop

Do you know a 4-H'er interested in insects? Join us on January 18th at 6:30 pm at the MSU Extension Office to learn about how to identify insects, why they are important, what you need to start an entomology project, and all the fun you can have collecting insects! **We still have 3 spots available.** This workshop will be led by 4-H project leaders George Campbell and Nan-Marie Fox. Youth ages 5-19 are welcome. This is a great opportunity for beginners or more experienced 4-H'ers. Remember it's easy to join 4-H, so youth who are not currently 4-H'ers can sign up and attend too.

Register here:

https://msu.co1.qualtrics.com/jfe/form/SV_0TI6OJOsG3LYKLC



UPCOMING MEETINGS & EVENTS:

4-H Cookie Science Workshop

January 4th at 1 pm at the MSU Extension Office

MSU Extension Office Closed for MLK Jr. Day

January 15th

4-H Council Meeting

January 16th at 7 pm on Zoom

Entomology Workshop

January 18th at 6:30 pm at the MSU Extension Office

Animal Project Committee Meeting

February 6th at 7 pm at the MSU Extension Office

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COUNTY 4-H NEWS

Reminder: Enroll or Re-Enroll in 4-H Online for 2023-2024 Program Year



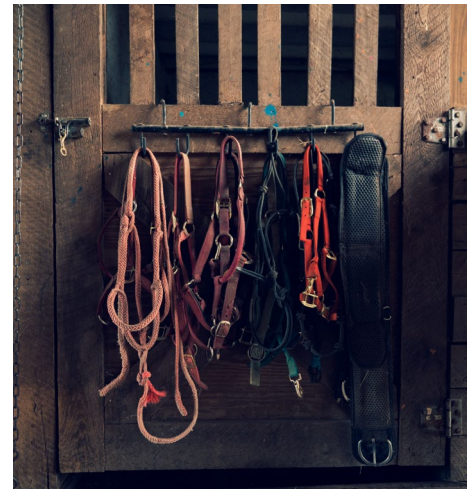
Have you re-enrolled or enrolled in 4-H Online for the 2023-2024 program year? Next month, we will stop sending our emails to families who are not currently enrolled in 4-H online. All 4-H members should be enrolled in 4-H online prior to participating in 4-H projects or programming, and we are asking that all of our existing families re-enroll as soon as possible. You must re-enroll to be an active 4-H member! If you need help re-enrolling, please reach out to Kat - we

have paper copies of the forms available at the 4-H office or via email. Not sure if you are enrolled? Log in at <https://v2.4honline.com/#/user/sign-in> to check if the youth in your family are enrolled.

Save the Date: Hartland New and Used Tack Sale on February 10th

We are excited to announce the date of our 2024 Hartland New and Used Tack Sale! Join us on February 10th from 10am-2pm at the Hartland Educational Support Service Center (9525 E. Highland Rd., Howell, MI 48843). Proceeds will be used for the Livingston County 4-H Horse Committee. The public is invited to buy or sell. Spaces available include tables: 6' x 8' for \$20 or 6' x 16' for \$30. Tables (5'-6') are available \$5 per table (additional fee). Fees are non-refundable.

Are you interested in a vendor space this year? See our flyer for more information! <https://bit.ly/2024TackSale>



Washtenaw County 4-H Dairy Quiz Bowl Invites Neighboring Counties to Join



The Washtenaw County 4-H Dairy Quiz Bowl Team would like to invite Livingston County 4-H'ers to attend their meetings. The group meets the 3rd Monday of each month January thru July. They discuss dairy science and dairy production topics. The material is also very relevant to youth interested in vet science. They meet at Horning Farms in Manchester. The first meeting is Monday, January, 15th at 6:30 pm. They will have pizza to start our kick-off meeting for the year. To RSVP (to help plan for food) or if you have any questions, please contact Katelyn Packard at klhorning14@gmail.com or Amy Harris at harr1976@msu.edu



COUNTY 4-H NEWS

Fowlerville Agricultural Society Livestock Pen Fundraiser

The Fowlerville Agricultural Society is hosting a fundraiser on February 24th to replace and improve the sheep, goat, and swine pens at Fowlerville Family Fair! Please see the flyer for more information on this event. If your club is interested in donating a basket, please reach out to 4-H staff to discuss ways to do so!

Tickets for the event can be purchased at: www.evenbrite.com/e/comedy-night-tickets-774084677107

You can find out more about this event and other Fowlerville Family Fair and Fowlerville Agricultural Society information at this website: <https://www.fowlervillefamilyfair.com/> or their Facebook page at: <https://www.facebook.com/FowlervilleFair>



Planning for your 4-H Project Animal Series Part 4: Preparing for your Sheep or Goat Project!



Throughout the next several months we will be posting information on how to select your project animals and when you should be looking for them. This virtual article series will be followed by hands-on fitting and showing/show grooming series later in the program year, to help youth prepare for the 2024 Fowlerville Family Fair and open show season.

Are you looking to start a 4-H Sheep or Goat project for the 2024 Fowlerville Family Fair? It's the right time of year to start looking for your next project animal!

MSU Extension released an article that walks you through how to pick your Sheep project animal, as well as things to consider including how to estimate the cost of care for your project animal!

https://www.canr.msu.edu/news/planning_for_your_4_h_sheep_project_animal_lamb_selection

Similarly, Washington State University has a great article on how to select a 4-H/FFA Market Goat Project animal.

<https://extension.wsu.edu/animalag/content/selecting-a-4-hffa-meat-goat-project-animal/>

Details regarding the hands-on clinics to be announced at a later date.

Questions? Please contact Kat. Krollkat@msu.edu or 517-552-6903





Livingston County 4-H January 2024




Sun	Mon	Tues	Weds	Thur	Fri	Sat
	1 	2	3	4 1PM - 4-H Cookie Science Workshop at Howell MSU Extension Office 	5	6
7	8	9	10	11	12	13
14	15 	16 7pm - 4-H Council Meeting - Zoom	17	18 6:30PM - 4-H Entomology Workshop at Howell MSU Extension Office 	19	20
21	22	23	24	25	26	27 4-H Rabbit Show at MSU Pavillion 
28	29	30	31			



MSU Pavilion
 Check-in 7-8am
 NEW Showmanship competition - pre-registration only!
 Please contact Glenda Weiss with questions: Weissgle@msu.edu



Livingston County 4-H February 2024

Sun	Mon	Tues	Weds	Thur	Fri	Sat
				1	2	3
						
4	5	6 7pm - Animal Project Committee Meeting	7	8	9	10 10am-2pm- Horse Committee Tack sale at HESC 
11	12	13	14 	15	16	17
18	19	20	21	22	23	24
25	26	27 7pm - Grand Equestrians Committee Meeting	28	29		



STATEWIDE CALENDAR OF EVENTS

Reserve your tickets for Michigan 4-H Day with the Detroit Tigers



Join Michigan 4-H and MSU Extension for a fun day at Comerica Park to watch the Detroit Tigers take on the Kansas City Royals! 4-H youth, volunteers, staff and their families will enjoy discounted tickets. In addition, Michigan 4-H guests will receive:

- A dual-branded Michigan 4-H and Detroit Tigers item (details to be released shortly).
- An exclusive pregame on-field opportunity.
- A portion of each ticket sold donated to Michigan 4-H.

Tickets are available in a variety of locations throughout the stadium, with prices ranging from \$27 - \$59. To order your tickets, visit www.canr.msu.edu/events/michigan-4-h-day-with-the-detroit-tigers.

January 9: 4-H Wild Spartans - Anishinaabe Perspectives in Natural Resources Management *Online*

This month's 4-H Wild Spartans Series will delve into how tribes use traditional knowledge and values (giikendaasowin) in natural resources management. Meet Brad Silet, biologist with the Sault Ste. Marie Tribe of Chippewa Indians, learn about his field work, and the education and career path he followed to get there. This free series is open to 4-H and non-4-H youth ages 12-19.

www.canr.msu.edu/events/wild-spartans-series-2023-2024-jan

January 17: Adulting 101 - Psychology of Spending and Saving *Online*

The 4-H Adulting 101 series helps young people prepare for college or life on their own through free online sessions. Join this session to reflect on your personal financial journey, your emotional connection to money, and gain budgeting resources to help you along the way.

www.canr.msu.edu/events/psychology

January 22: The Parent Talk System Webinar Series *Online*

The Parent Talk System is a FREE online course for parents of toddlers to teens to improve communication and provide strategies for raising confident, caring, responsible children.

www.canr.msu.edu/events/the-parent-talk-system-webinar-series-january-2024

January 23: Michigan 4-H Volunteer Webinar - Teaching Science When You Don't Know Diddle-Squat *Online*

Explore ways 4-H volunteers can utilize a series of science lessons from MSU Extension that can be taught with no science background and household materials. This series will provide volunteers with a variety of learning opportunities to help them grow as a volunteer and support Michigan 4-H'ers. This session will be offered twice, once as a daytime option and once as an evening option.

- **12 p.m. session:** www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-teaching-science-when-you-don-t-know-diddle-squat
- **7 p.m. session:** www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-teaching-science-when-you-don-t-know-diddle-squat7pm

February 17: 4-H Animal Science Career Quest

MSU Campus, East Lansing

Interested in a career working with animals? Learn more about career paths in animal science and veterinary medicine, as well as the MSU programs that can get you there! This program is a joint effort of Michigan 4-H, the MSU Department of Animal Science, and the MSU College of Veterinary Medicine. It is open to youth ages 12-19 and 4-H volunteers. Registration closes Feb. 1.

www.canr.msu.edu/events/4-h-animal-science-career-quest-2024





STATEWIDE 4-H NEWS



2024 4-H Day at the Breslin Center

MSU Extension invites 4-H members, families, volunteers and staff members to join them Feb. 24 for Michigan 4-H Day at the Breslin. This fun family event will be held at the Jack Breslin Student Events Center as the MSU women's basketball team takes on the Rutgers Scarlet Knights.

The 18th annual event celebrates the 4-H and MSU Extension community. Attendance is free for MSU Extension friends, Michigan 4-H members and their families, MSU Extension and 4-H volunteers, as well as MSU Extension professionals. Make ticket reservations at extension.msu.edu/4HDayatBreslin2024.

"Our 4-H programs reach every county in the state and 4-H Day at the Breslin is a fun way to bring that community together for a day of comradery and celebration," said Julie Chapin, director of MSU Extension children and youth programs. "We can't wait to join with the youth, families, volunteers and staff that make these programs possible."

4-H Day at the Breslin participants are encouraged to come early to partake in MSU Extension games and activities throughout the concourse. Doors will open at 12:30 p.m., with tip-off scheduled for 2 p.m. Participants are encouraged to show their pride and wear green and white 4-H or MSU Extension apparel. Michigan 4-H will be showcased during the halftime show as a group of 4-H youth will lead the crowd in reciting the 4-H pledge.

Visitors to Breslin Center events must comply with MSU's [clear bag policy](#). For more information on this event, contact your local MSU Extension office.

Resolve to have a great 4-H year

Adapted from: https://www.canr.msu.edu/news/resolve_to_have_a_great_4_h_year.

As we start the New Year, how can 4-H clubs resolve to improve in the year ahead? Here are ten suggestions to make the upcoming year a successful one.

Resolve that:

1. Club meetings will start and end on time.
2. Business meetings will follow Robert's Rules of Order and that all club paperwork, such as minutes, club inventory and financial statements, will be completed in a timely manner.
3. All members will take part in discussions and have a say in decisions that are made. Keep a chart with each members' name and when they speak at business meetings.
4. The club meeting place will be a safe, comfortable and welcoming environment for all club members.
5. Fun will be included in each meeting.
6. A learning activity will be included in each club meeting. Ideas include exploring a new 4-H curriculum, having members volunteer to do a demonstration, doing a show and tell about each members' favorite project, or bringing in a guest speaker.
7. The club will pursue at least one community service project chosen, planned and celebrated by the club.
8. New members will have a buddy they may talk with about any 4-H questions.
9. The 4-H pledge will be said at every meeting.
10. Every club member will be recognized in some way to let them know they are cared about.





MSU Extension Child and Family Development

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

Extension Extra's Parenting Hour

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST as follows:

Class dates:

- 1/02/2024: NO CLASS
- 1/09/2024: Positive Discipline
- 1/16/2024: What Children Need to Know to Start School
- 1/23/2024: How soon is too soon? When to teach your children money habits for life!
- 1/30/2024: RELAX: Alternatives to Anger for Parents and Caregivers

Registration: https://msu.zoom.us/webinar/register/WN_viGxTElqSdKY2cEX2EhVbQ

For more information contact Courtney Aldrich at aldric82@msu.edu

Guiding Principles for Highly Successful Parenting

Are you wondering how to gain greater cooperation from your children? Struggling with chores or routines? Not sure how to handle discipline issues? Join us for this five week parenting education series for parents with children of all ages will explore developing routines, emotional control, rules and relationships, and being a calm, assertive parent. Certificates of attendance are available.

Class dates/times: Tuesdays, January 16th, 23rd, 30th, February 6th, and 13th from 11:30am-1:00pm EST

Registration: https://msu.co1.qualtrics.com/jfe/form/SV_0VpZf3ks77yZZGu

For more information, contact Courtney Aldrich, aldric82@msu.edu

The Parent Talk System

Do you feel like your children aren't listening to you? This 6-week series is for parents of children of all ages and is designed to improve communication and provide practical verbal strategies for raising confident, caring, responsible children. Topics include eliminating unwanted behavior, setting limits, teaching about consequences, giving effective feedback, promoting independence, and developing character. Certificates of attendance are available.

Class dates/times: January 22, 29 February 5, 12, 19, 26 from 7:30pm-9:30pm EST

Registration: https://msu.co1.qualtrics.com/jfe/form/SV_bj8nWuROCeXu6vY

For more information, contact Courtney Aldrich, aldric82@msu.edu

Kinship Caregiver Classes

Kinship Caregiver classes are targeted to relatives caring for another relative's children.

Class date: January 10th "Together We Can: Co-Parenting from 7:00-8:30pm EST

Registration: https://msu.zoom.us/webinar/register/WN_msxyZuH0QeS9MsKaD_y7Tg

For more information, contact Courtney Aldrich, aldric82@msu.edu

Building Early Emotional Skills

Are you having trouble with biting, tantrums or the "terrible twos?" Building Early Emotional Skills (BEES) is a four-week class for primary caregivers of children 0-3 that teaches about how young children develop social emotional skills and helps give caregivers skills to deal with the stress of caring for children and to help their children develop strong social emotional skills.

Class date: Wednesdays, January 10, 17, 24, 31 from 12:00 pm – 1:30 pm ET

Registration: https://msu.co1.qualtrics.com/jfe/form/SV_8JqqilgVG8lInoW

For more information, contact Courtney Aldrich, aldric82@msu.edu



MSU Extension Child and Family Development

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

Early Childhood Professional Development Classes

These free online classes provide professional development training hours for early childhood professionals. Credit in the MiRegistry system is available.

Title: Let's Talk: Parent and Provider Communication

Class Date/Time: January 18th 2024 from 7:00PM to 8:30PM

Registration: https://msu.zoom.us/webinar/register/WN_jLVWzzM6Qlimr7VBOCrrPA

Title: Understanding a Toddler's World

Class Date/Time: January 26th, 2024 from 1:00PM to 2:30PM

Registration: https://msu.zoom.us/webinar/register/WN_7uUWdABOR266czLJYKy7A

For more information contact Vivian Washington at washi138@msu.edu

Special Cooperative Extension Class

Title: Early Math Skills for Infants and Toddlers (eligible for MiRegistry Credit!)

Class Date: January 8th, 2024

Class Time: 8:00PM to 9:00PM EST

Registration: <https://fitandhealthykids.unl.edu/one-hour-once-month-trainings>

Online Self-Paced Classes

These free online classes can be completed on your own at your own pace.

Positive Discipline

Helping young children learn self-control is important to their ability to be successful citizens now and in the future. Positive Discipline workshops help adults learn how their role in creating appropriate environments and experiences can strengthen that development. This class has a "parent and caregiver" track and a "professional" track. Certificates of attendance are available for all who take the class and professional development training hours are available for early childhood professionals. Credit in the MiRegistry system is available.

Registration: <https://www.canr.msu.edu/courses/positive-discipline-online-course>

For more information contact Courtney Aldrich at aldric82@msu.edu

Infant Safety

MSU Extension has partnered with the Livingston County Child Abuse Prevention Council to create a self-directed online infant safety course called "Sleeping, Crying, Driving." This three part course contains videos and interactive content on infant safe sleep, how to handle extended infant crying and guidelines for transporting your child safely. A certificate of completion is available for those who need proof of attendance.

Registration: https://www.canr.msu.edu/early_childhood_development/infant-safety/

MI Parenting Resource

This free, online program is meant to support caregivers across the state in strengthening their parent-child relationships and gaining new tools for enhancing positive child behaviors.

Registration: <https://miparentingresource.org/>

For more information contact Courtney Aldrich at aldric82@msu.edu

